

DoktorConnect

Quick start — everything you need on one page

1 • Get in

1. Go to app.doktorconnect.us and tap Create my account.
2. Your name, date of birth, email, phone, a password of 10 characters or more.
3. Choose United States or Nigeria. Type your employer or school code if you have one.
4. Confirm the email we send you. You are in.
5. Add it to your home screen — iPhone: Share → Add to Home Screen. Android: More → Install.

2 • Do these three things first

1. Take the Ready Mindset check (MQ) — about twenty questions, and it shapes everything else.
2. Add your conditions, medicines and allergies.
3. Take one reading, so your trend starts.

3 • Where things are

Tab	What you do there
Home	What to do today, and your follow-ups
Vitals	Add a reading, see your trends and your sleep
Doctor	Ask for a video visit; read your summary afterwards
Tools	Symptom check · medicine reminders · check a medicine · food scanner · coach
More	Rx·Lab · Learn · My progress · My plan · Engines · Family · Account · Harbor Care

4 • HEALAgent, every morning

Your daily coaching message sits on the Home page, written for your barrier profile, your readings and your 90 days. Read it, do the one thing it asks, tap Mark done. One minute.

Coaching, not medical advice — your doctor decides about medicines.

5 • Add any hospital paper

More → My records → photograph the paper or pick the PDF. We tell you what it says in plain words, what matters in it and what to ask your doctor, then you tick what to keep in your health record. Private until you share it.

6 • See a doctor

1. Doctor tab → Ask for a visit → say what it is about → send.
2. When it is accepted, tap Join video visit at the time and allow the camera.
3. Afterwards, your summary, your follow-ups and any medicine changes arrive in the app.

Doctors are online 8 am to midnight, Nigeria time.

7 · Check a medicine

1. Tools → Check a medicine → Start.
2. Three photos: front of pack, back with the batch number, and the tablets.
3. Read the answer, then send the report to the map and the regulator if you want. You can stay anonymous.

8 · Your plan (Nigeria)

Tier	Monthly	Yearly
Telemedicine only	₦250	₦2,700
+ 2 engines	₦500	₦5,400
+ 5 engines	₦1,250	₦13,500
+ every engine	₦2,000	₦21,600

More → My plan → pick a tier → pay by card, transfer, USSD or QR. If your employer or school pays, it is already on.

9 · If life feels too heavy

More → Harbor Care. Free, any hour, plan or no plan. In an emergency: 112 in Nigeria, 911 in the United States (or call or text 988).

10 · Quick fixes

- App looks old: close it fully and reopen (computer: Ctrl+Shift+R).
- Session expired: sign in again, or try a private window.
- No email: wait a few minutes, check spam, then use Forgot password.
- Camera will not open: allow it from the padlock beside the address.

Questions: Joseph@josmolgroup.com · app.doktorconnect.us